Last Name:_____ First Name:_____ **Letter Grade: _____** **Number Grade: _____**

Date Assigned:_____ Due Date:_____ Course:_____ **Hours Student took to complete Homework: _____** **Instructor Comment:**

Assignment Grading Rubric				
A | 90 – 100 %	**B | 80 - 89 %**	**C | 70 - 79 %**	**D | 60 - 69 %**	**F | 0 - 59 %**
Provides answers to all questions clearly & effectively with in-depth & accurate information that indicates both original ideas & text information were investigated. Spelling/ grammar is accurate.	Provides answers clearly & effectively with in-depth & accurate information that indicates both original ideas & text information were investigated; however, answers focus on some of the points & does not cover all elements of the assignment. Spelling/grammar has few errors.	Meeting minimum requirements. Minor points/information is missing & answers are minimal suggesting additional research & text material were not reviewed prior to completing assignment. Spelling/grammar has few errors.	Responds to assignment with 1 or 2 sentence, not explaining any details. Numerous errors in sentence construction, spelling, & grammar.	Grades of "F" are given if the assignment is not turned in or for work that does not meet minimum requirements.

1. Identify a specific aspect of your memory that you would like to improve and then apply one or more memory principles from the text or lecture to make the improvement. You might, for example, strive to enhance your performance on exams, to recall important birthdates and anniversaries, to remember people's names following introductions, or to reduce absentminded actions, such as misplacing keys or a wallet.

Potential memory strategies include the use of established (e.g., Pegword, method of loci) or home-made mnemonics, eliminating distracters and paying careful attention when studying, meeting new people, or putting keys down, trying to encode material deeply and by multiple methods (e.g., by meaning, by self-referencing, and by encoding visually), making better use of retrieval cues, engaging in active, elaborative rehearsal while reading, applying the SQ3R method, and so on.

You are required to consult additional sources for ideas. After implementing your plan, you will write a short paper in which you report on your experiences. Specifically, you should describe (a) the aspect of memory you targeted for improvement (and why), (b) the memory principles or strategies you intend to use (including the rationale behind them), and (c) any results (positive or negative) from applying these techniques.

2. Memory strategy you plan to implement and include what additional sources you used for ideas.

3. The aspect of memory you targeted for improvement (and why):

4. The memory principles or strategies you intend to use (including the rationale behind them):

5. Results (positive or negative) from applying these techniques: