

Course Number:	PSY 1010 Section: R		
Course Title:	Introduction to Psychology		
Instructor Name:	Elaina Ashley Room # 182		
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Email Address:	elaina.ashley@vc.edu		
Term Dates:	10/02/2013 – 12/18/2013		
Class Meetings:	Tuesday & Thursday 6:00 P.M. to 7:50 P.M.		
Credit Hours:	Four (4)		
Lecture Hours:	40		
Lab Hours:	0		
Course Length:	11 weeks		
Prerequisite(s):	None		
Textbook:	<u>Psychology: Concepts and Applications, 1st Edition</u> , Morris, Maisto, and Dunn, Pearson, 2007. <u>Self Assessment Library 3.4, 1st Edition</u> , Robbins, Pearson, 2009.		
Instructional Materials:	Textbook, Hand-outs, Outside Readings, VC Library		
Course Description:	This course provides an introduction to the basic principles of scientific psychology. Topics covered include motivation, perception, learning, intelligence, personality, and abnormal behavior with emphasis on applications to everyday life.		
Course Objectives:	<p>Upon successful completion of the course the student will be able to:</p> <ul style="list-style-type: none"> • Explain the basic concepts of psychology; • Compare and contrast the major psychological perspectives; • Identify the prominent models in the different areas of human development (cognitive, moral, and social); • Identify several personality traits and gain insight into his/her personality; • Identify some disorders associated with behavior; • Explain the major types of psychotherapy; • List some famous contributors to the study of psychology; • Complete daily tasks in a timely manner; and • Work cooperatively with others in a professional manner 		
Instructional Methods:	Discussion, Lecture, Audio-visuals Delivery Method: Residential and/or online format		
Resources:	Reference materials are available in our college library as well as the Internet and the local public libraries. Research assignments should include the Virginia College Virtual Library which is your gateway to reference resources. Students may access the virtual library through the Virginia College website: portal.vc.edu		
Evaluation:	Participation and Professionalism Out of Class Student Homework Presentation Research Paper Comprehensive Learning Project Chapter Quizzes Midterm Exam Final Exam <hr/> Total	10% 15% 5% 10% 5% 20% 15% 20% 100%	Students are expected to spend two hours in homework for each hour in lecture. All homework will be graded and will comprise the percentage of the final course grade identified in "Out of Class Student Homework."

Grading Scale:	<p>90% – 100 % A Percentages are determined by dividing the number of points earned by the total points possible.</p> <p>80% – 89 % B</p> <p>70% – 79 % C</p> <p>60% – 69 % D</p> <p>0% – 59 % F</p>
Attendance/Make-Up Policy:	<p>Refer to catalog</p> <p>Daily tasks will be assigned which are due by the end of the class meeting each day. These tasks do not fall under the Make-up policy. Task completion is included in the student's Professionalism grade.</p>
Professionalism Expectations:	<p>Students are expected to act in a professional manner by meeting deadlines, solving problems, cooperating with classmates, and generally contributing in a positive way to the class. Working in your field of study often means searching for solutions in a group context. Teamwork, listening, empathy, enthusiasm, emotional maturity, respect, and consideration of other people's concerns are all essential to success. Please bring these qualities and values with you to class. It is as important to "practice" these interpersonal skills as it is to learn new intellectual content and related skills. Students will be evaluated on their professional demeanor in class.</p> <p>Observables:</p> <ul style="list-style-type: none"> • Timeliness • Communicating respectfully with peers and instructor • Respecting others' opinions • Adhering to the dress code as outlined in the VC Student Handbook • Adhering to the Academic Integrity expectations as outlined in the VC Student Handbook • Wearing the college identification badge • Completing all assigned daily tasks
Special Notes:	<p>By registering for this class, you have a commitment to attend all classes. If you miss a class, please notify instructor as soon as possible.</p> <p>All assignments are due at the beginning of class on the date assigned and will be considered late afterwards. If you have a compelling reason why you cannot meet the assignment deadline, please contact the instructor.</p> <p>Tests, homework and assignments are due on the day specified in the syllabus or by the instructor. Approved make-up work is at the discretion of the instructor and documentation is mandatory to support make-up. The following absences may be classified as excused for permitting make-up work:</p> <p>(1) absence due to emergency medical treatment for self or immediate family with appropriate written documentation from health care facility; (2) absence due to family funeral with appropriate written documentation –obituary program flyer; (3) absence due to unavoidable jury duty with appropriate written documentation; (4) absence due to employment- related training or special assignments with appropriate written documentation; & (5) absence due to military reserve or active duty obligations with appropriate written documentation.</p> <p>Approved make-up tests/quizzes must be made up on or before the next class meeting. Approved homework make-up must be turned in within one class period. No class work or exams can be made-up if absence is unexcused. This policy will be strictly enforced without negotiation. It is the responsibility of the student to contact the instructor for all make-up work.</p> <p>You are expected to be in class on time. Late arrivals and early departures will result in a 3pt. daily deduction. Excessive tardiness and absenteeism are subject to referral to the Program Director or Academic Dean.</p> <p>Please make sure cell phones are off. Texting while in class is NOT permitted; violations will result in deduction in professionalism points and subject to referral to Program Director and/or Academic Dean.</p>

Week	Dates	Topic Schedule	Assignments
1	Thur 10/3	Introductions {classmates, course & syllabus } Chapter 1: <i>The Science of Psychology</i> <small>VIDEO</small> <i>Past, Present, & Promise</i> <i>Applying Psychology in Life</i>	HOMEWORK: Read Chapter 1 & complete <i>Ch.1 Review Deception in Research</i> Homework Sheet
	Tues 10/8	Chapter 1: <i>The Science of Psychology</i> (cont.) <small>VIDEO</small> <i>Understanding Research</i> <i>Sex and Gender</i> <i>Cultural Psychology</i>	HOMEWORK: Read Chapter 2 & complete <i>Ch. 2 Review Perspectives in Psychology</i> Homework Sheet
2	Thur 10/10	Quiz: Chapter 1 Chapter 2: <i>The Biological Basis of Behavior</i> <small>VIDEO</small> <i>The Behaving Brain</i> <i>The Responsive Brain</i> <i>Judgment/Decision Making</i>	HOMEWORK: Read Chapter 3 & complete <i>Ch. 3 Review - Genetic Abnormalities</i> Homework Sheet
	Tues 10/15	Quiz: Chapter 2 Chapter 3: <i>Sensation, Perception, & Conscious Experience</i> <small>VIDEO</small> <i>Sensation & Perception</i> <i>Motivation & Emotion</i>	HOMEWORK: Complete <i>Localization of Function</i> Homework Sheet
3	Thur 10/17	Chapter 3: <i>Sensation, Perception, & Conscious Experience</i> (cont.) <small>VIDEO</small> <i>The Mind Awake & Asleep</i> <i>The Mind Hidden & Divided</i>	HOMEWORK: Read Ch. 4 & complete <i>Ch. 4 Review- Sensation-Drugs' Effects</i> Homework Sheet
	Tues 10/22	Quiz: Chapter 3 Chapter 4: <i>Learning & Memory</i> <small>VIDEO</small> <i>Learning</i> <i>Language Development</i> Begin working on Research Project Due 11/12	HOMEWORK: Complete <i>Improving Memory</i> Homework Sheet & Begin working on Research Project Due 11/12
4	Thur 10/24	Quiz: Chapter 4 Chapter 4: <i>Learning & Memory</i> (cont.) <small>VIDEO</small> <i>Remembering & Forgetting</i> <i>Cognitive Neuroscience</i>	HOMEWORK: Read Ch. 5 & complete <i>Ch. 5 Review - Punishment in the Workplace</i> Homework Sheet
	Tues 10/29	Chapter 5: <i>Cognition & Mental Abilities</i> <small>VIDEO</small> <i>Cognitive Processes</i> <i>Testing & Intelligence</i>	HOMEWORK: Complete <i>Can Animals Think</i> Homework Sheet
5	Thur 10/31	Quiz: Chapter 5 Review for Mid-Term Exam <small>MOVIE</small> <i>Sybil</i>	HOMEWORK: Study for Mid-Term Exam

	Tues 11/5	Mid-Term Exam (Chapters 1 – 5) <small>MOVIE</small> <i>Sybil</i> (cont.)	HOMEWORK: Read Ch. 6 & complete <i>Emotional Intelligence</i> Homework Sheet
6	Thur 11/7	Chapter 6: <i>Motivation & Emotion</i> <small>MOVIE</small> <i>The Breakfast Club</i>	HOMEWORK: Read Ch. 7 & complete <i>Ch. 6 Review - Needs Assessment</i> Homework Sheet
	Tues 11/12	Chapter 6: <i>Motivation & Emotion</i> (cont.) <small>MOVIE</small> <i>The Breakfast Club</i> (cont.) Research Project Due	HOMEWORK: Complete <i>Ch. 7 Review - Categorizing Behaviors</i> Homework Sheet
7	Thur 11/14	Quiz: Chapter 6 Chapter 7: <i>Lifespan Development</i> <small>VIDEO</small> <i>The Developing Child</i> <i>The Power of the Situation</i>	HOMEWORK: After watching the movie <i>The Breakfast Club</i> (in class), complete <i>Issues of Adolescence</i> Homework sheet.
	Tues 11/19	Quiz: Chapter 7 Chapter 7: <i>Lifespan Development</i> (Cont.) <small>VIDEO</small> <i>Maturing & Aging</i> <i>The Self</i>	HOMEWORK: Read Ch. 8 & complete <i>Ch. 8 Review - Children & Television</i> Homework Sheet
8	Thur 11/21	Discussion of writing assignment Quiz: Chapter 8 Chapter 8: <i>Personality, Stress, & Health</i> <small>VIDEO</small> <i>Health, Mind, & Behavior</i> <i>Constructing Social Reality</i>	HOMEWORK: Complete <i>Sentence Completion Test - Mechanisms of Defense</i> Homework Sheet
	Tues 11/26	Quiz: Chapter 9 Chapter 9: <i>Psychological Disorders & Treatment</i> <small>VIDEO</small> <i>Charles Manson</i>	HOMEWORK: Read Ch. 9 & complete <i>Ch. 9 Review-Diagnosing Mental Disorders-Treating Psychological</i> Homework Sheet
9	Thur 11/28	Thanksgiving Holiday	Thanksgiving Holiday
	Tues 12/3	Quiz: Chapter 10 & 11 Chapter 10: <i>Social Psychology</i> <small>VIDEO</small> <i>Borderline Personality Disorder</i>	HOMEWORK: Complete <i>Ch. 10 Review-State of Mind</i> Homework Sheet
10	Thur 12/5	Comprehensive Learning Project Presentations	HOMEWORK: Read Chapters 10-11 & complete <i>Ch. 11 Review-Ostracism</i> Homework Sheet
	Tues 12/10	Comprehensive Learning Project Presentations (cont.)	HOMEWORK: Prepare for final exam
11	Thur 12/12	Final Exam (Chapters 6 – 11)	HOMEWORK: Complete <i>Perception of Performance Evaluations</i> Homework Sheet
	Tues 12/17	Field Trip (Observational Field Study)	